



# Individualized Plan for Employment (IPE) – Nebraska VR Provided Services

12/2014

Name: \_\_\_\_\_

Services	Who will provide?	Services start & end dates
<b>Disability Awareness/ Personal Adjustment</b> <input type="checkbox"/> Find out how my disability affects my life and work. <input type="checkbox"/> Find out how to manage personal crises. <input type="checkbox"/> Find out how to make better decisions. <input type="checkbox"/> Find out how to solve personal problems. <input type="checkbox"/> Receive assistance to follow through with VR and community services.		
<b>Employment Services</b> <input type="checkbox"/> Get leads on job openings. <input type="checkbox"/> Find a job that best matches my skills and needs.		
<b>Employment Success Skills</b> <input type="checkbox"/> Learn what behaviors employers want. <input type="checkbox"/> Learn to think highly of myself. <input type="checkbox"/> Learn to handle job pressures.		
<b>Independent Living Exploration and Skills</b> <input type="checkbox"/> Learn to live by myself. <input type="checkbox"/> Learn how to save energy and manage my time doing housework. <input type="checkbox"/> Learn how to dress for job success. <input type="checkbox"/> Learn how to budget and manage my money. <input type="checkbox"/> Learn how to use a bus.		
<b>Independent Living Personal Management Skills</b> <input type="checkbox"/> Learn how to solve personal problems. <input type="checkbox"/> Learn how to study. <input type="checkbox"/> Learn how to make decisions. <input type="checkbox"/> Learn how to set goals.		
<b>Job Keeping</b> <input type="checkbox"/> Do my new job the best I can. <input type="checkbox"/> Get used to the demands of my new job. <input type="checkbox"/> Get used to my supervisors and co-workers. <input type="checkbox"/> Get the help I need to keep my job.		
<b>Job Seeking Skills</b> <input type="checkbox"/> Learn the best ways to look for a job, write a resume and cover letter, fill out job applications, and successfully interview for a job.		
<b>VR Provided Skill Building (Miscellaneous Training)</b> <input type="checkbox"/> Acquire skills in a Nebraska VR skill-building program.		

Comments/Responsibilities:

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